

**Beth Tephila Messianic Jewish Congregation**  
**(Under same management for over 5786 years)**  
**November 15th 10:30 AM, Lolo Community Synagogue**  
**12:30PM Oneg Shabbat & Interactive Torah Discussion**



**Chayei Sarah The Life of Sarah**  
**Genesis 23:1 - 25:18**

וַיְהִי חַיֵּי שָׂרָה מֵאָה שָׁנָה וְעֶשְׂרִים שָׁנָה וְשִׁבְעַת שָׁנִים שָׁנֵי חַיֵּי שָׂרָה:

Vayihyu chayei Sarah me'ah shanah v'esrim shanah v'sheva  
shanim sh'nei chayei Sarah

and these were **life of Sarah** 100 year and 20 year and 7 years years of life of Sarah  
And Sarah lived one hundred twenty-seven years; the years of the life of Sarah.

**Haftarah: Proverbs 31: 10-12, 25-29**

**An excellent wife, who can find?** For her worth is far above jewels. **The heart of her husband trusts in her.** And he will have no lack of gain. She does him good and not evil all the days of her life. **Strength and dignity** are her clothing, and **she smiles** at the future. **She opens her mouth in wisdom**, and the teaching of **kindness is on her tongue.** She looks well to the ways of her household, and **does not eat the bread of idleness.** Her children rise up and bless her. Her husband also, and he praises her, saying, "Many daughters have done nobly, but you excel them all." Charm is deceitful and beauty is vain, but **a woman who fears the Lord, she shall be praised.** Give her the product of her hands, and let **her works praise her in the gates.** [PS: What happened "in the gates?"]

**B'rit Chadashah: Hebrews 11:8:9-11**

**By faith** Abraham, when he was called, obeyed by going out to a place, which he was to receive for an inheritance. And he went out, not knowing where he was going. **By faith** he lived as an alien in the land of promise, as a foreign land, dwelling in tents with Isaac and Jacob, fellow heirs of the same promise. **By faith** even

**Sarah** herself received ability to conceive, even beyond the proper time of life, since she considered Him faithful, who had promised.



**Sarah**, the wife of Abraham, is considered in Jewish thought to be **emblematic** of the **"wife of excellence"** of **Proverbs 31:10-31**. As the matriarch of the Jewish nation, **Sarah is considered in Jewish thought to be the greatest of the 22 Biblical "women of valor", whose life should be emulated by all Jewish women**. According to **Lori Palatnik's "Blessing the Children"** from [www.aish.com](http://www.aish.com), Sarah, Rebecca, Rachel, and Leah are considered the mothers of the Jewish people. Each one possessed unique qualities that played essential roles in the strength and future of the nation. Yet there was something they all shared, something that Jewish women for all time would strive to emulate. They recognized that their ultimate fulfillment as wives of the patriarchs was **enabling others to realize their potentials** as individuals and as members of the Jewish people. An ancient prayer still said over children asks for God's blessing that **girls should become like Sarah, Rebecca, Rachel, and Leah**. This Torah portion, Chayei Sarah - The Life of Sarah, details the fulfillment of the life of Sarah: **The passing of the Jewish heritage of Abraham and Sarah to Isaac and Rebecca**.

## **The Death of Sarah, the wife of Abraham**

**Rabbi Hanan Schelsinger** speaks passionately about the burial place of Sarah. "This Shabbat we read Parashat Chayai Sarah, which opens with the death of our matriarch Sarah in the city of Hevron. Abraham, her bereaved husband, goes to great lengths and spares no expense to purchase a burial cave for her in the city. He buys and pays for the cave of Machpelah and only afterward does he bring his wife to her final resting place. In a later Torah portion, we are told that upon Abraham's death he, himself, was buried by his two sons next to his wife in the same cave. And as the story of the patriarchs unfolds in the book of Genesis, we subsequently learn that Isaac and his wife, Rebecca, were also laid to rest there, as well as Jacob and his wife, Leah. **Me'arat haMachpelah**, as it is known in Hebrew, is the tomb of the founding fathers and mothers of the Jewish People, and as such has been greatly venerated by generation upon generation of Jews. About 2000 years ago, **King Herod the Great** built a massive rectangular enclosure over the burial caves. The same huge stones that he used to expand and fortify the Temple Mount and to expand the Holy Temple can still be seen today at the base of the magnificent structure that towers over the graves of the Patriarchs. This of course is evidence of the fact that even back in Second Temple times this was considered to be one of the holiest sites in Judaism. Throughout the long years of our exile from the Holy Land, pilgrims continued to visit **Me'arat haMachpelah** just as they visited the site of the Holy Temple

in Jerusalem. It remains today a powerfully poignant symbol of our age-old connection to the Land of Israel. While there remain today ruins and remnants of many of the colossal building projects of King Herod, including the Holy Temple, Masada, and the tomb that the king prepared for himself at Herodium, **Me'arat haMachpelah** is presently the only fully intact Herodian structure! And you can see it yourself with your own eyes. You can go inside and come close to the graves of the Patriarchs. That's when the Bible comes alive, when you realize that there was a living, breathing reality behind the ancient biblical text depicting the lives of Abraham, Isaac and Jacob. The fact that we still have an unbroken tradition as to the whereabouts of the graves is breathtaking. The fact that there are still people on this earth who proudly identify themselves as the descendants of the Patriarchs is even more remarkable. And that these people – **we the Jewish People** – can stand in front of the final resting place of our forefathers and pray to the one God creator of heaven and earth, the God whose name and teachings Abraham, Isaac, and Jacob dedicated their lives to propagating, is for me overwhelmingly inspiring. Of course, you should hear about Abraham's purchase of **Me'arat haMachpelah** in synagogue this Shabbat. But don't just hear about it. **Come and see it, feel it, experience it! Connect to it!** Together with the Temple Mount in Jerusalem, it is the physical sign of the original point at which the chain of our tradition began. **The chain of tradition flows through you**, and it will flow onward to the next generation to the degree that it is for you a meaningful, living reality."



### **Tomb over the Cave at Machpelah**

Sarah's death and burial are recorded in Genesis, Chapter 23. **Sarah is the only woman in scripture whose age at her death is recorded.... one hundred twenty-seven years.** Sarah died in **Kiriath-arba**, the early name for Hebron. Abraham mourned for his wife. She had lived her life as a faithful wife, obedient to her husband. **Isaac would have been about 36 years old at his mother's death.** "Sarah," Abraham's "princess" (**Gen. 17:15**), was truly a help-meet to Abraham. She left friends and family in Ur of the Chaldeans and traveled to Haran with her husband. Then **she left the rest of her family in Haran and took up the call of God to Abraham** to "Go forth from your country... to the land which I will show you..." (**Gen. 12:1**). Traveling those many miles, **Sarah was faithful to her**

**husband.** How many divorces occur today due to the wife's refusal to leave family to accompany her husband to a change of residence? **Sarah maintained her faithfulness to her husband, even when he repeatedly put her into dangerous situations for his own sake:** "Say that you are my sister, so that it may go well with me..." (Gen. 12:13, 20:2). **One might even say that Sarah's faith in the promises of God at those times exceeded that of Abraham!** The passage of time without children must have made Sarah and Abraham wonder **how God was going to keep His promises of descendants** to them (Gen.12:2; 15:13; 17:7). Sarah took matters into her own hands by insisting that her husband give her children through her Egyptian maid, Hagar [lawful in those days]. Then **Sarah conceived** her own biological child, **Isaac**, at the advanced age of about **91**. **Hebrews 11:11** tells us that it was by faith that Sarah "...received ability to conceive, even beyond the proper time of life, since she considered Him faithful who had promised." Later, God honored Sarah's request to Abraham to "Drive out this maid (Hagar) and her son..." (Gen. 21:10, 12). God told Abraham "whatever Sarah tells you, listen to her, for **through Isaac your descendants shall be named.**" Again it could be said that Sarah seemed to have a greater confidence in honoring God's promises to them through Isaac than did Abraham. Like Abraham, Sarah had perfect faith... all the time... except when she didn't... just like us!



In his grief after Sarah's death, it would have been natural for Abraham to have taken Sarah back to her family in Haran for burial, about 450 miles away. When their grandson, Jacob, died in the foreign land of Egypt, Jacob requested that his body be returned back for burial in the land promised to Abraham and his descendants by God. Jacob followed in the footsteps of Abraham, making the decision that he would be buried in their "promised land." By burying Sarah in the land promised by God to him and his descendants, Abraham was stating by his actions that **the new home of his family from then on would be the land of Israel!** Abraham went to the local Hittite owners of the land to inquire about a particular cave and field to use as a burial place. He negotiated with the owner for the purchase of the cave of Machpelah, so that there would be no mistake that he owned the burial place that would later be used not only for himself, but also for Isaac, Rebecca, Jacob, and Leah. **Abraham publicly**



**paid the full asking price.** Besides the tent in which he lived, this was the only land he ever owned during his lifetime. It was **his faith in the covenantal promise of God for future land** that made Abraham buy the cave and commit himself and his descendants to live and die in the land of Israel.

**Rabbi Berel Wein** says, "The loss of one's beloved spouse, especially after many years and decades of marriage and shared life, is always a traumatic and shattering blow. Those of us, who unfortunately have also experienced this occurrence of Avraham's life in our own lives can testify as to the emotional damage and even physical harm that this sad experience can occasion." **"Those who live exclusively in the past are doomed to self-pity and great emotional angst. This only causes a sense of victimhood and hopelessness.** It reflects itself in every aspect of later life and stunts any further spiritual, social, personal or societal growth." After a period of grief, it is the Jewish tradition to move forward with life! We do not forget our past, but we go on with our lives. Many persecuted European Jews after WWII moved to Israel or to America and went on to lead productive and prosperous lives. **The comparison with Arab populations whose leaders continue to put the destruction of Israel above their people becoming productive and prosperous is most stark.** Abraham loved Sarah, but after her death, he married Keturah and had more children. He moved on with his life after looking for a wife for Isaac, so that God's covenantal promises of land and posterity would be fulfilled. Surviving the death of a spouse is gut wrenching, but it is necessary – even God affirming – that we put our trust in Him and do survive....and prosper.



**Cave of Machpelah Tourists' view**

## **Guidelines For Shidduch, finding a Wife**

**Chapter 24** is given to the search for a bride for Isaac. With the death of Sarah, Abraham must now perform a shidduch; find a wife for Isaac, so that he would have descendants to populate the "promised land." Abraham's trusted servant, Eliezer (**Gen. 15:2**), was commissioned to ..."go to my country and to my relatives, and take a

wife for my son Isaac" (vs. 4). Thus, was established the "**prime directive**" for all of **God's people** then and still today. **One must only marry a believer in the God of Abraham!** One should never be "unequally yoked" (**Numbers 25:3; 2nd Corinthians 6:14**) ["Do not be bound together with unbelievers; for what partnership have righteousness and lawlessness, or what fellowship has light with darkness?"]. Today's thinking would be that Abraham, himself, would take Isaac back to his relatives and give Isaac time to "fall in love" and then return with his bride. The reason this was not done is the same reason that Abraham did not bring Sarah back to the family for burial. Abraham was stating by his actions his faith in God's promises to give Israel to Abraham and his descendants.

Instead, Abraham's trusted servant, Eliezer, was given a most solemn charge and dispatched back to Abraham's family. Humanly speaking, Abraham committed his posterity to the possible random decision-making of his servant. However, the reason Abraham could have faith in Eliezer to perform such an important task was because **Abraham had faith that God would be the ONE providing the wife of His choosing.**

As Sarah could be said to be the "model wife," so Eliezer could be said to be the "model servant." This is quite important for us to appreciate, since we, too, are servants of God! In Hebrew, "Eliezer" means "God is my help!" [Al: The Hebrew name Eliezer means "God is my help" or "God is help". It is a combination of the Hebrew words el ("God") and ezer ("help" or "assistance"). The name has deep religious significance and appears multiple times in the Hebrew Bible, most famously in reference to Abraham's servant and Moses's second son.]

In this task, Eliezer would rely entirely on the help of God. One might rightly expect that Eliezer was overcome at the awesomeness of his task. He had to have been very nervous by being put into this position as intermediary for Abraham with his family. Abraham had made Eliezer take a most solemn oath, guaranteeing that if the task were not completed, according to Abraham's instructions, Abraham's descendants would take revenge on the descendants of Eliezer. Eliezer knew that he would have to travel over 450 miles without an army escort past those who made their living preying upon caravans. If he arrived safely with Abraham's gifts to the family intact, Eliezer would then have to convince the "right" girl to leave her friends and family and travel with him all the way back home to a new family, a strange land, and there to marry a stranger. **How does one overcome one's own perceived inadequacies and nervousness to accomplish a difficult task; one that you know is God's will?** First, one must take note of the instructions of our Master. Eliezer's master told him that under no circumstances was he to take Isaac away from the "promised land," nor was he to bring back a girl, who was not from his family. **Abraham promised Eliezer that God would send His Angel with him to make his task successful.** Each day of the journey brought incremental success, as Eliezer traveled safely under God's protection closer to his destination. Then as he approached the city of Nahor, Abraham's brother, Eliezer prayed that God would show him chesed. **God's covenantal loving-kindness** that would find just the "right" girl, who would go back home with him.



Eliezer asked that God's "appointed" girl would show "chesed" to him giving him water and also by watering his ten camels. This would have been quite a chore for one girl to accomplish, since camels can drink a lot of water after a long journey. Just as he finished praying, Eliezer saw a girl approaching and asked her for water. "Miraculously," she gave him water and offered to water his camels too....and then (without ascertaining that Eliezer's master was her relative) invited him home to meet her father. There was nothing strained about Rebecca's act. It was free of ulterior motive, unblemished by thought of recompense. Rebecca embodied a core value of the Torah which became known as **gemilut hasadim** - doing of acts of loving kindness. Eliezer's God-given success must have made him bolder because, when he arrived at the home of Rebecca's father, Bethuel, and brother, Laban, he introduced himself, promptly told of his mission from Abraham, and immediately asked whether they would allow Rebecca to go with him. When they responded that this mission was from God, and they would send Rebecca with him, Eliezer knew God had made him successful.

**Discussion Topic: What were the elements of faith woven into Eliezer, which brought him to the point of chutzpah (boldness) with Laban?**

1. Abraham gave his servant specific instructions regarding the woman who was to return with him; that God would be with him and reiterating to him Abraham's covenant from God: "The God of heaven... swore to me, saying "To your descendants I will give this land. He will send His angel before you..."(verse 7). **2)** Abraham informed Eliezer that Eliezer would be free from the mission, "...if the woman is not willing to follow you."(verse 8). **3)** God gave Eliezer incremental success, allowing Eliezer to anticipate further success: a) His trip was successful. b) His prayer to the God of his master Abraham had a specific test for

God to show Eliezer who is the right girl. Rebekah past the test (verse 19). c) Rebekah confirmed her lineage connected to Abraham (verse 24).

In modern-day Judaism, some orthodox Jewish communities take the "shidduch" just as seriously. **Rabbi Osher Jungreis** provides the following guidelines for finding one's soul mate, acknowledging..." Even as Abraham, we must trust G-d to send us our destined soul mate and we do not divert from His road map." The following are shidduch guidelines from the parasha to follow: **Prayer: 1)** It was with prayer that Abraham sent Eliezer off to find the shidduch, and it was with prayer that Eliezer launched his mission, and it was with prayer that Yitzchok greeted his bride, teaching us that the most important thing that we can do is to appeal to G-d to guide us to the right one. **Chesed 2)** The litmus test that Eliezer used to find the right girl was chesed - loving kindness, something that we would do well to remember in our materially obsessed culture in which men are often measured by the depth of their pockets and women by their appearance. **Get On With It. 3)** Avoid procrastination. Eliezer very clearly challenged Rivka's family - "Yes or no he demanded, so I may know whether I should turn left or right?" (**Genesis, 24:49**). Once again, something we would do well to bear in mind in a society in which procrastination has become vogue, and critical years are wasted in futile relationships. Follow HaShem's road map - stay the course, and you won't go wrong."

In one of my weekly conversations with an orthodox Jewish Rabbi from Borough Park, New York, he told me that in their community "dating" consisted of parents (usually mothers) getting together to pair their children of marriageable age, according to life commonalities. The children would be given several "dates," where under supervision they would talk about their lives, and whether they might be compatible. After only a few "dates," they would make up their minds either way. The purpose of the "date" was not to "fall in love." That would happen after marriage. The purpose was to ascertain if it was God's will for them to marry. In their community divorce is exceedingly distasteful, and therefore the marriage commitment is a commitment for life, nurtured and sustained by the whole community. According to **W.G. Plaut's The Torah, A Modern Commentary**, "But, for Biblical man, the ideal was not 'first love, then marriage,' as it is today, but the reverse, 'first marriage, then love.' The older system rested on the assumption that two persons will have a proper foundation for marriage if their backgrounds are generally compatible, and if they set themselves to establish a home in which each partner plays their expected role. The two will come to know each other through marriage, and it is hoped that in time love will follow."

## **The Arrival of the Bride**

After a little more negotiating with Rebecca's brother, Laban, Eliezer tells him, "do not delay me, since the Lord has prospered my way. Send me away that I may go to my master (vs.56)." Although Laban has already given his consent (vs.51), according to Hurrian law in that location, the bride must also consent. Rebecca says, "I will go." The nurse of Rebecca, Deborah (**Gen.35:8**), went along too. **After making her decision to follow God's leading, Rebecca took action....**she left her home, family,



and everything she knew behind. Heeding the call of God through Eliezer, she, **like Sarah**, set out for "parts unknown".....with the "faith of Abraham."

Continuing on the caravan route past Beersheba, they journeyed into the Negev, where Isaac was living at Beer-lahai-roi ("well of the Living-One, who sees me"). This was the well where God provided water to Hagar (**Gen.16:13**), which has now become home for Isaac. As a known place where God provided sustenance, Isaac had gone there to live and was meditating in the field, when the caravan with Rebecca arrived. Rebecca must have been smitten with the physical appearance of the "man" she saw in the field because "vatipol me'al hagamal...." "she fell off her camel." As the "man" approached, she inquired who he was. She was told that this was Isaac, the man whom she would marry. Immediately she veiled herself, as was proper for a bride on her wedding day. After Isaac received the report of Eliezer, he began the marriage ceremony. Publicly he took Rebecca into the tent of his mother, Sarah, which had been set up, ready for the anticipated marriage. They consummated the marriage, and Rebecca became Isaac's wife, and he loved her. Even today, as a reminder of this wedding ceremony in Sarah's tent, a Jewish wedding ceremony takes place under a wedding canopy ("Chupah").

Although Abraham did not personally make the journey to find a wife for his son, Isaac, **Abraham made provision for his mission to be successful**. He chose a Godly servant to accomplish his mission. He had sufficient **faith in God's promises** to allow God to intercede for his servant to find the right wife. Abraham's faith had grown to trust God to accomplish His will, rather than again (as with Hagar) taking matters into his own hands. Although Abraham's faith was not perfect, we too should emulate the faith of Abraham. **Just as Abraham made provision for the success of his servant, so God makes provision for our success, both for living on this earth and for living on the "earth" to come. We become successful servants by apprehending God's provision for our sin atonement and trusting in His promises.... just like Abraham!** And like Abraham, our earthly testimony should be, "Abraham breathed his last and died in a ripe old age, an old man and satisfied with life; and he was gathered to his people" (Gen. 25:8).

## Final Thoughts

In this Torah portion, we discover that both Abraham and Sarah maintained **perfect faith... all the time... except when they didn't... just like us!** So when we think about maintaining faith throughout our lives, and whether we have accomplished all our life goals and received everything we expected to receive during our lifetime, we might consider the following thoughts from **Rabbi Jonathan Sacks** and **me**:

Abraham and Sarah had given up all hope of having children, yet God told them both that they would have a son together, and it would be that son who would continue their covenant promises from God. The years passed, but Sarah did not conceive. Sarah and Abraham had grown old, probably well past childbearing years, yet God still insisted they would have a child. Eventually their child, Isaac (Yitschak – "laughter") was borne. With much rejoicing, Sarah said: "God has brought me laughter, and everyone who hears about this will laugh with me."

Then came grief. Sarah, Abraham's beloved wife, died. She had been his constant companion, sharing the journey with him as they left behind all they knew, their land, their birthplace, and their families. Twice she saved Abraham's life, putting herself at risk, by pretending to be his sister. Sarah, by any standard, did not have an easy life with Abraham.

Abraham had done what God had asked of him. Yet he could hardly say that God's land promises to him had been fulfilled. Seven times he was promised a land, but when Sarah died, he owned not a single square inch of territory in which to bury her. Abraham even had to beg the Hittites to let him buy a field and burial cave for Sarah. We can also say of Abraham's life that it was **a life of disappointed hopes and delayed fulfillments**. What kind of man was this of whom the Torah can say that he died "in a ripe old age.... satisfied with life"?

The answer for Abraham, for Sarah, and for us today: To be happy does not mean that you have received everything you wanted during your lifetime or that you have received everything you were promised. It means, simply, **you have done what you were called on by God to do. You have finished the race. You have kept the faith (2 Timothy 4:7).**

**PS: God will keep His promises both to Abraham & Sarah..... and to us!**

# SHABBAT SHALOM



**An excellent wife, who can find?**

For her worth is far above jewels.

**The heart of her husband trusts in her.**

And he will have no lack of gain.

She does him good and not evil all the days of her life.